

MedStrength

Strengthen for Life

Gym With a Difference

Join us today !

Exercise in a facility run alongside a physiotherapy practice and constantly supervised by trainers who know your name

MedStrength offers a number of different membership options to suit our members. These options and payment details include:

	Paid upfront	Monthly	Fortnightly
3 Months	\$560	\$187	\$94
6 Months	\$980	\$164	\$82
12 Months	\$1596	\$140	\$72

**12 months paid in advance includes 5% discount*

Renewing members and Functional Physio patients within the past 3 months are entitled to a discount. Please enquire at the gym.

Concession Cards: \$300 for 10 gym entries.
These entries do not expire if unused.

Please note your initial assessment with a physio is \$100 which is not included in the membership price.

Personal Training sessions:

Members may reach goals faster with a personal trainer

30 min	\$55
45 min	\$70
60 min	\$85

Ask about our
Free Trial Workout

Call: 09 623 0045
Email: admin@medstrength.co.nz