

# MedStrength

Strengthen for Life

Gym With a Difference

Join us today !

Exercise in a facility run alongside a physiotherapy practice and constantly supervised by trainers who know your name

MedStrength offers a number of different membership options to suit our members. These options and payment details include:

	Paid upfront	Monthly	Fortnightly
3 Months	\$535	\$178	\$90
6 Months	\$940	\$157	\$80
12 Months	\$1520	\$133	\$70

*\*12 months paid in advance includes 5% discount*

Renewing members and Functional Physio patients within the past 3 months are entitled to a discount. Please enquire at the gym.

**Concession Cards:** \$225 (+\$5 for key tag) for 10 gym entries. These entries do not expire if unused.

Please note your initial assessment with a physio is \$90 which is not included in the membership price.

### Personal Training sessions:

Members may reach goals faster with a personal trainer

30 min	\$50
45 min	\$65
60 min	\$80

Ask about our  
Free Trial Workout

Call: 09 623 0045  
Email: [admin@medstrength.co.nz](mailto:admin@medstrength.co.nz)